

# Sinead

## Shannon - Roche

Passionate  
Actress  
Storyteller



Belgian-Irish born in 1928  
Quadrilingual in French, English, Spanish, Italian  
Bachelor of Arts in journalism & communications

### Tel

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### Email

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### Website

www.shineshannonroche.com

 shinesineadroche

### Characteristics

Blue/green eyes

Long brown wavy hair.

Height 1m70, size 38/M, shoe size 39

*Cinema is the love of my life*

### Actress Fiction

2025 - Netflix series "Between Lands" - role of special guest

2023-2025 - TV Series "L'alqueria Blanca" - role of Jimena de Bedoya

2010 - Film "Potiche" by François Ozon - role of M. Marquiset

2010 - Film "Rien à déclarer" by Dany Boon - Role of Escort

### Actress commercials

Bob & 8, Siemens, Comunidad Valenciana de turismo, Hitachi,  
Proud eyewear Poalgi, Balearia, Norauto, Cbc bank, Wondercar,  
Versa versa, Actifry

### Acting classes

Valencia since 2024 : with Begoña Soler

Valencia 2023 : Masterclass with Bob McAndrew

Paris 2006-2010: Studio VO/VF with Jordan Beswick

### Producer & creator

2024 Creator of fiction series "Birth day" about adoptions &  
inseminations, based on true stories (in progress)

2021 Creator & presenter of documentary series "Back to Basics"  
with the Red Cross

### Reporter, presenter, storyteller / since 2001

My fascination for storytelling began as a 16 year old intern at the BBC London. I later became a freelance reporter for major international TV channels. I was published in The Wall Street Journal at 21 years old with a feature editorial piece on Bull Fighting. I trained as an anchor in front of the camera at CNBC Asia. I adapted quickly to high risk situations as a reporter for The Jerusalem Post in Israel during the second Intifada, covering terrorist attacks. Right in the centre of the Vatican Square ,I covered the Pope's funeral & election as a correspondent reporter with Reuters & CNN in Rome alongside Richard Quest & John King.

Since 2016, I do voice overs for EU Commission and Agence France Presse.

In 2018, I worked for Paris Match France, starting with an exclusive and intimate interview with Claude François's secret daughter.

### Freelance project manager / since 2016

Project manager for Saatchi & Saatchi London 5 years

Event manager for Jean-Michel Lories, Villa Eugénie, Thierry Boutemy and Quique Dacosta. From A Coruña to Saudi Arabia (wedding of Marta Ortega and Princess of Saudi Arabia), I travel with the team to manage the logistics, Michelin star Chefs and the general organisation.

### Humanitarian work / since 2006

Volunteer at the Red Cross working with the homeless and refugees. Aid worker & volunteer at "Lalla Hasna" orphanage in Casablanca with new-borns.

### Habillities

Languages: English & French (native), Spanish & Italian (fluent)

Sports: Horse riding 25 years. Tennis 20 years. Surf, skate, dance.

Creative entrepreneur: I created & managed two fashion brands, Versa Versa & OH MAMA!, sold in 20 countries.